

THE COWBOY RIDES AWAY

2023 年 1 月 推薦曲

Choreographer: Mike & Michelle Seurer

Music : “ The Cowboy Rides Away ” by George Strait,

Download from Amazon

Time: 3'20"

Speed: 100%

Rhythm: RUMBA

Phase: III

SEQUENCE : INTRO-A-B-C-A-B-C-ENDING

INTRO

- 1- 6 OP FCG/Wall WAIT 2 MEAS;; CHASE PEEK-A-BOO;;;
7- 8 CUCARACHAS;;

PART A

- 1- 4 OP BRK; SPT TRN; BRK to OP/LOD; PROG WALK 3;
5- 8 FWD & BK BASIC;; SLIDING DOORS;;
9-12 CIR AWAY & TOG;; BLERO BJO WHEEL 6;;
13-16 (BFLY) CUCARACHAS;; BASIC;;

PART B

- 1- 4 NEW YORKER; CRAB WALKS;; FENCE LINE;
5- 8 1/2 BASIC; UNDER ARM TRN; LARIAT;;※
9-12 (BFLY) BASIC;; NEW YORKER; SPOT TRN;
13-16 SD WALKS;; RK SD,REC,XIF,-; RK SD,REC,XIF,-;

PART C

- 1- 8 CHASE PEEK-A-BOO DBL;;;;;;

PART A

- 1- 4 OP BRK; SPT TRN; BRK to OP/LOD; PROG WALK 3;
5- 8 FWD & BK BASIC;; SLIDING DOORS;;
9-12 CIR AWAY & TOG;; BLERO BJO WHEEL 6;;
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9-12 (BFLY) BASIC;; NEW YORKER; SPOT TRN;
13-16 SD WALKS;; RK SD,REC,XIF,-; RK SD,REC,XIF,-;

PART C

- 1- 8 CHASE PEEK-A-BOO DBL;;;;;;

ENDING

- 1 SD LUNGE;

踊り方の注意点

※ LARIAT の時、男性は SD,REC,CL,-; SD,REC,CL,-; とステップします。