

You Light Up My Life II

CHOREO: Tsuneo & Kayoko Ihaya

MUSIC : "You Light Up My Life" by Ross Mitchell , Download Casa Musica

TIME : 2'44" SPEED: 100%

RHYTHM: WALTZ PHASE: II+1(Interrupted Box)

SEQUENCE: INTRO-A-B-A-B-ENDING

INTRO

1- 4 OP-FCG/Wall WAIT 2 MEAS;; APT PT; TOG TCH;

PART A

1- 8 (CP) INTERRUPTED BOX;;;;

DIP BK; REC; SOLO TRN 6 to BFLY/Wall;;

9-16 WALTZ AWAY; W WRAP; FWD WALTZ; THRU TWINKLE TWICE to OP/LOD;;
THRU SD BHD; ROLL 3; PICKUP to SCAR;

PART B

1- 8 3 PROG TWINKLES to BJO;;; MANUV;

2 R TRNS fc LOD;; FWD WALTZ; DRIFT APT;

9-14 THRU TWINKLE TWICE to CP/LOD;; 2 L TRNS to BFLY/Wall;;
BALANCE L&R;;

PART A

1- 8 (CP) INTERRUPTED BOX;;;;

DIP BK; REC; SOLO TRN 6 to BFLY/Wall;;

9-16 WALTZ AWAY; W WRAP; FWD WALTZ; THRU TWINKLE TWICE to OP/LOD;;
THRU SD BHD; ROLL 3; PICKUP to SCAR;

PART B

1- 8 3 PROG TWINKLES to BJO;;; MANUV;

2 R TRNS fc LOD;; FWD WALTZ; DRIFT APT;

9-14 THRU TWINKLE TWICE to CP/LOD;; 2 L TRNS to BFLY/Wall;;
BALANCE L&R;;

ENDING

1- 8 (no hands) SOLO L TRNG BOX with ARMS;;; ※

(BFLY) BALANCE APT; BALANCE TOG to CP; SD DRAW TCH L&R;;

9-12 TWISTY VINE 3; FWD FC CL; DIP BK; HOLD & TWIST;

※注

SOLO L TRNG BOX with ARMS の踊り方

1 小節目：肘を曲げて両手を自分胸の前に持ってきながら Solo L TRNG BOX を行います

2 小節目：両手を外に広げながら Solo L TRNG BOX の 2 小節目を行います

3～4 小節目：1～2 小節目の動作を繰り返します