

You Light Up My Life II

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Music : "You Light Up My Life" Artist Ross Mitchell
 Download CASA MUSICA Time: 2: 44

Rhythm : WALTZ Phase: II+1 (Interrupted Box)
 Sequence : INTRO - A - B - A - B - END Speed : 100%
 Footwork : Opposite except where noted Released : August 2023

INTRODUCTION

1-4 WAIT 2 MEAS ; ; APART POINT ; TOGETHER TOUCH CP/WALL ;

- 1-2 {Wait 2 Meas} OP-FCG/WALL lead ft free wait 2 meas ;
 3 {Apart Point} Stp apt L, pt fwd R twd partner, -;
 4 {Together Touch} Together Fwd R, tch L beside R CP/Wall, -;

PART A

1-8 INTERRUPTED BOX ; ; ; ;

DIP BK ; RECOVER ; SOLO TURN 6 BFLY/WALL ; ;

- 1-4 {Interrupted Box} Fwd L, sd R, cl L; bk R, leading W to trn under jnd ld hannds sd L, cl R
 (W fwd L, fwd R commence trn RF, fwd L cont trn); fwd L, sd R, cl L(W fwd R cnt trn RF,
 fwd L cnt trn RF, fwd R)CP/WALL; bk R, sd L, cl R ;
 5 {Dip Bk} Bk L flex knee, -, -;
 6 {Recover} Rec R, -, -;
 7-8 {Solo Turn 6} Fwd L commence LF trn away from ptr, cont trn sd R , cl L comp 3/4 trn
 (W Fwd R commence RF trn away from ptr, cont trn sd L, cl R comp 3/4 trn) ; Bk R commence
 LF trn, cont trn sd L, cl R to BFLY/WALL
 (W Bk L commence RF trn, cont trn sd R, cl L to BFLY/COH) ;

9-16 WALTZ AWAY ; W WRAP ; FWD WALTZ ; THRU TWINKLE TWICE OP/LOD ; ; THRU SD BHD ; SOLO ROLL 3 ; PICKUP to SCAR ;

- 9 {Waltz Away} Fwd L twd DLC(W twd DLW), fwd R, cl L ;
 10 {W wrap} Fwd R twd DLW, fwd L, cl R (W fwd L commence LF trn, sd R cont LF trn,
 cont trn small stp fwd L joined lead hand) wrapped position fc LOD;
 11 {Fwd Waltz} Fwd L, fwd R, cl L ;
 12-13 {Thru Twinkle Twice OP/LOD} Thru R twd LOD commence RF trn, cont RF trn sd L, cl R
 LOP/RLOD; thru L twd RLOD commence LF trn, cont LF trn sd R, cl L to OP/LOD;
 14 {Thru Sd Bhd} Thru R, sd L, XRIB(W XLIB);
 15 {Roll 3} Sd & fwd L twd LOD commence LF trn (W RF trn), cont LF trn sd R, cont trn sd L ;
 16 {Pickup to SCAR} Thru R lead W pickup, sd L, cl R (W thru L front of man commence LF trn,
 cont LF trn sd R, cl L) SCAR/DLW;

PART B

1-14 3 PROG TWINKLES BJO/LOD ; ; ; MANUV ; TWO RF TRNS FC/LOD ; ; FWD WALTZ ; DRIFT APART ; THRU TWINKLE TWICE CP/LOD ; ; TWO LF TRNS BFLY/WALL ; ; BALANCE L & R ; ;

- 1-3 {3 Prog Twinkles BJO/LOD} XLIF, sd R, cl L to BJO/DLC;
 XRIF, sd L, cl R to SCAR/DLW; XLIF, sd R, cl L to BJO/LOD;
 4 {Manuv} Fwd R(W bk L)commence RF trn, cont RF trn sd L, cl R to CP/RLOD;
 5-6 {Two RF Trns FC/LOD} Bk L commence RF trn, sd R cont RF trn, cl L;
 fwd R commence RF trn, sd L cont trn, cl R to CP/LOD;
 7 {Fwd Waltz} Fwd L, fwd R, cl L;
 8 {Drift Apart} Fwd R strong step releasing trailg hnds, cl L, sip R
 (W bk L, bk R, cl L) LOP/LOD ;

