

You Light Up My Life II

Choreo : Tsuneo & Kayoko Ihaya

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2-20-18 Kaminukushina, Higashi-ku, Hiroshima, Hiroshima 732-0032 JAPAN

Music : "You Light Up My Life" Artist Ross Mitchell

Download CASA MUSICA Time: 2: 44

Rhythm : WALTZ

Phase : II+1 (Interrupted Box)

Sequence : INTRO - A - B - A - B - END

Speed : 100%

Footwork : Opposite except where noted

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INTRODUCTION

1-4 WAIT 2 MEAS ; ; APART POINT; TOGETHER TOUCH CP/WALL;

1-2 {Wait 2 Meas} OP-FCG/WALL lead ft free wait 2 meas; ;

3 {Apart Point} Stp apt L, pt fwd R twd partner, -;

4 {Together Touch} Together Fwd R, tch L beside R CP/Wall, -;

PART A

1-8 INTERRUPTED BOX; ; ;

DIP BK; RECOVER ; SOLO TURN 6 BFLY/WALL ; ;

1-4 {Interrupted Box} Fwd L, sd R, cl L; bk R, leading W to trn under jnd ld hands sd L, cl R
(W fwd L, fwd R commence trn RF, fwd L cont trn); fwd L, sd R, cl L(W fwd R cnt trn RF,
fwd L cnt trn RF, fwd R)CP/WALL; bk R, sd L, cl R ;

5 {Dip Bk} Bk L flex knee, -, -;

6 {Recover} Rec R, -, -;

7-8 {Solo Turn 6} Fwd L commence LF trn awy from ptr, cont trn sd R , cl L comp 3/4 trn
(W Fwd R commence RF trn awy from ptr, cont trn sd L, cl R comp 3/4 trn) ; Bk R commence
LF trn, cont trn sd L, cl R to BFLY/WALL
(W Bk L commence RF trn, cont trn sd R, cl L to BFLY/COH) ;

9-16 WALTZ AWAY; W WRAP; FWD WALTZ; THRU TWINKLE TWICE OP/LOD; ;

THRU SD BHD ; SOLO ROLL 3 ; PICKUP to SCAR ;

9 {Waltz Away} Fwd L twd DLC(W twd DLW), fwd R, cl L ;

10 {W wrap} Fwd R twd DLW, fwd L, cl R (W fwd L commence LF trn, sd R cont LF trn,
cont trn small stp fwd L joined lead hand) wrapped position fc LOD;

11 {Fwd Waltz} Fwd L, fwd R, cl L ;

12-13 {Thru Twinkle Twice OP/LOD} Thru R twd LOD commence RF trn, cont RF trn sd L, cl R
LOP/RLOD; thru L twd RLOD commence LF trn, cont LF trn sd R, cl L to OP/LOD;

14 {Thru Sd Bhd} Thru R, sd L, XRB(W XLIB);

15 {Roll 3} Sd & fwd L twd LOD commence LF trn (W RF trn), cont LF trn sd R, cont trn sd L ;

16 {Pickup to SCAR} Thru R lead W pickup, sd L, cl R (W thru L front of man commence LF trn,
cont LF trn sd R, cl L) SCAR/DLW;

PART B

1-14 3 PROG TWINKLES BJO/LOD ; ; ; MANUV ; TWO RF TRNS FC/LOD ; ;

FWD WALTZ ; DRIFT APART ; THRU TWINKLE TWICE CP/LOD ; ;

TWO LF TRNS BFLY/WALL ; ; BALANCE L & R ; ;

1-3 {3 Prog Twinkles BJO/LOD} XLIF, sd R, cl L to BJO/DLC;
XRIF, sd L, cl R to SCAR/DLW; XLIF, sd R, cl to BJO/LOD;

4 {Manuv} Fwd R(W bk L)commence RF trn, cont RF trn sd L, cl R to CP/RLOD;

5-6 {Two RF Trns FC/LOD} Bk L commence RF trn, sd R cont RF trn, cl L;
fwd R commence RF trn, sd L cont trn, cl R to CP/LOD;

7 {Fwd Waltz} Fwd L, fwd R, cl L;

8 {Drift Apart} Fwd R strong step releasing trailg hnds, cl L, sip R
(W bk L, bk R, cl L) LOP/LOD ;

- 9-10 {**Thru Twinkle Twice CP/LOD**} Slightly trng body RF(W LF) thru L twd WALL, sd R to fc ptr, cl L; Slightly trng body LF(W RF) thru R twd COH, sd L , cl R to CP/LOD;
- 11-12 {**Two LF Trns BFLY/WALL**} Fwd L commence LF trn, sd R cont LF trn, cl L; bk R commence LF trn, sd L cont trn, cl R to BFLY/WALL;
- 13-14 {**Balance L & R**} Sd L, XRB of L, rec L; Sd R, XLIB of R, rec R;

PART A

- 1-16 INTERRUPTED BOX ;;;;**
DIP BK; RECOVER ; SOLO TURN 6 BFLY/WALL ;;
WALTZ AWAY; W WRAP; FWD WALTZ; THRU TWINKLE TWICE OP/LOD ;;
THRU SD BHD ; SOLO ROLL 3 ; PICKUP to SCAR ;
Repeat meas 1~16 of PART A ;;;;

PART B

- 1-14 3 PROG TWINKLES BJO/LOD ;;; MANUV ; TWO RF TRNS FC/LOD ;;**
FWD WALTZ ; DRIFT APART ; THRU TWINKLE TWICE CP/LOD ;;
TWO LF TRNS BFLY/WALL;; BALANCE L & R ;;
Repeat meas 1~14 of PART B ;;;;

ENDING

- 1-12 SOLO LF TRNG BOX w/ARMS ;;;**
BALANCE APT ; BALANCE TOGETHER CP/WALL ; SD DRAW TOUCH L & R ;;
TWISTY VINE 3 ; FWD FC CL ; DIP BK ; HOLD & TWIST ;
1-4 {**Solo LF Trng Box w/Arms**} Rreleasing hnds fwd L trng LF 1/4 to fc LOD, sd R folding both hnds IF of chest, cl L (W bk R trng LF 1/4 to fc RLOD, sd L folding both hnds IF of chest, cl R) end SD-by-SD Pos R-shoulders adjacent fc LOD (W fc RLOD);
Bk R trng LF 1/4 to fc COH, sd L extending both hnds out to sd, cl R(W fwd L trng LF 1/4 to fc WALL, sd R extending both hnds out to sd, cl L)end BK-to-BK Pos fc COH (W fcg WALL);
Repeat Meas 1-2 of END starting from BK-to-BK Pos M fc COH (W fcg WALL) end BFLY/WALL
5 {**Balance Apt**} Bk L, cl R, in plc L;
6 {**Balance Together CP/WALL**} Fwd R, cl L, in plc R to CP/WALL;
7-8 {**Sd Draw Touch L&R**} Sd L, draw R to L, tch R to L; Sd R, draw L to R, tch L to R;
9 {**Twisty Vine 3**} Sd L trn RF, XRB of L(XLIF of R)SCAR, sd L trn LF BJO/DLW;
10 {**Fwd Fc Cl**} Fwd R commnce RF trn, cont RF trn sd L, cl R to CP/WALL;
11 {**Dip Bk**} Bk L flex knee, - , -;
12 {**Hold & Twist**} Hold, -, twist slightly LF with no wait chg;