

I Got Rhythm

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MUSIC: "I Got Rhythm" Bring a Smile To Your Feet 3 by Dance Of Life
SOURCE: i-Tunes, casa musica, Amazon download **TOTAL TIME:** 2:37
RHYTHM: Foxtrot **DIFFICULTY:** Average
PHASE (+): III+2(Diamond Turn, Quick Diamond Turn 4) **SPEED:** 100%
FOOTWORK: Opposite unless indicated [*W: Woman's footwork in italics*]
SEQUENCE: Intro A B C A Inter B(5-8) Ending

Introduction

1 - 4 2 MEASURES WAIT;; HOVER; PICKUP SIDE CLOSE;

1 - 2 {2 meas wait} CP fc Wall wait pkup notes & 2 meas;;
3 - 4 {hvr} fwd L, -, fwd & slightly sd R rising to ball of ft, sd & slightly fwd L to tight SCP; {pkup sd cl} fwd R, -, sd L, cl R (*W fwd L stp in frt of man trn LF, -, sd R, cl L*) face to CP LOD;

Part A

1 - 8 FORWARD RUN 2 2X;; 2 L TURNS;; BOX;; TWIRL VINE; PICK UP SIDE CLOSE;

1 - 4 {fwd urn 2 2X} fwd L, -, fwd R, fwd L; fwd R, -, fwd L, fwd R;
{2 L trns} fwd L comm LF upper bdy trn, -, cont to turn sd & bk R, cl L; bk R comm LF upper bdy trn, -, cont to turn sd & fwd L, comp trn cl R fc Wall;
5 - 8 {box} fwd L, -, sd R, cl L; bk R, -, sd L, cl R;
{twirl vin} ld hnds jnd sd L, -, XRib, sd L (*W sd & fwd R trng 1/2 RF undr jnd hnds, -, sd & bk L trng 1/2 RF, sd R*); {pkup sd cl} fwd R, -, sd L, cl R (*W fwd L stp in frt of man trn LF, -, sd R, cl L*) face to CP LOD;

9 - 16 FORWARD RUN 2 2X;; 2 L TURNS;; BOX;; VINE; THRU FACE CLOSE;

9 - 14 Repeat meas from 1 to 14 of Part A
15-16 {vin} sd L, -, XRib, sd L; {thru fc cl} XRif, -, sd L, cl R;

Part B

1 - 8 INTERRUPTED BOX;;; HOVER; MANEUVER; 2 RIGHT TURNS; (CP/LOD);

1 - 4 {intrpd box} fwd L, -, sd R, cl L; bk R with slight RF upper bdy rotation and raising ld hnds, -, sd L ldg W to begin crvg RF undr jnd ld hnds, cl R (*W fwd L with slight RF upper body rotation, -, crv fwd R comm full RF circle undr jnd ld hnds, crv fwd L*); fwd L, -, sd R, cl L (*W crv fwd R, -, crv fwd L, crv fwd R comp full RF circle*) to CP; bk R, -, sd L, cl R;
5 - 8 {hvr} fwd L, -, fwd & slightly sd R rising to ball of ft, sd & slightly fwd L to tight SCP; {manv} comm RF trn fwd R, -, cont RF trn to fc ptr sd L, comp trn cl R (*W small fwd L, -, sd R, cl L*) fc RLOD;
{2 R trns} bk L comm up to 1/4 RF turn, -, sd R twd Line of Progression cont trn up to 1/4 RF, comp urn cl L; fwd R comm up to 1/4 RF trn, -, sd L diag acrs Line of Progression cont trn up to 1/4 RF, comp trn cl R **fc LOD**;

Part C

1 - 8 DIAMOND TURN;;; SCAR/DLW; CROSS HOVER 3X;; (SCP); MANEUVER;

1 - 4 {diam trn} fwd L **to BJO** trng LF on the diag, -, cont LF trn sd R, bk L with the ptr outside the man in BJO; staying in BJO and trng LF bk R, -, sd L, fwd R outside ptr in BJO; fwd L trng LF on the diag, -, sd R, bk L with the ptr outside man in BJO; bk R cont LF trn, -, sd L, fwd R blndg to SCAR DLW;
5 - 8 {X hvr 3X} XLif, -, sd & fwd rise R, fwd & sd L; XRif, -, sd & fwd rise L, fwd & sd R; XLif, -, sd & fwd rise R, fwd & sd L **to SCP**;
{manv} comm RF trn fwd R, -, cont RF trn to fc ptr sd L, comp trn cl R (*W small fwd L, -, sd R, cl L*) fc RLOD;
9 - 16 BACK RUN 2 2X;; 2 R TURNS ; (CP/LOD); DIAMOND TURN 1/2;; QUICK DIAMOND TURN 4; DIP BACK & RECOVER (LOD);
9 - 12 {bk run 2 2X} bk L, -, bk R, bk L; bk R, -, bk L, bk R; {2 R trns} bk L comm up to 1/4 RF turn, -, sd R twd Line of Progression cont trn up to 1/4 RF, comp urn cl L; fwd R comm up to 1/4 RF trn, -, sd L diag acrs Line of Progression cont trn up to 1/4 RF, comp trn cl R **fc LOD**;

13-16 {diam trn 1/2} fwd L to **BJO** trng LF on the diag, -, cont LF trn sd R, bk L with the ptr outside the man in BJO; staying in BJO and trng LF bk R, -, sd L, fwd R outside ptr in BJO;
 {Q diam trn 4} fwd L on the diag comm LF trn, cont LF trn sd R, bk L, bk R to CP DLW; {dip bk & rec} bk L w/knee relaxed, -, rec R **fc** LOD, -;

Inter**1 - 4 L TURNING BOX;;;:**

1 - 4 {L trng box} fwd L comm LF uppr bdy trn, -, fwd & sd R comp 1/4 trn, cl L; bk R comm LF uppr bdy trn, -, bk & sd L comp 1/4 trn, cl R; repeat first two meas;;

ENDING**1 - 6 FORWARD RUN 2 ; FORWARD FACE CLOSE; TWISTY VINE 8;; TWIRL VINE 2; APART POINT;**

1 - 4 {fwd run 2} fwd L, -, fwd R, fwd L; {fwd fc cl} fwd R 1/4 trng RF, -, sd L, cl R to CP **Wall**;
 {twsty vin 8} sd & bk L, XRIB, sd & fwd L, **XRIF** (*W sd & fwd R, XLIF, sd & bk R, XLIB*); repeat the previous meas;
 5 - 6 {twrl **vin** 2} ld hnds jnd sd L, -, XRIB, - (*W sd & fwd R trng 1/2 RF undr jnd hnds, -, sd & bk L trng 1/2 RF, -*); {apt pt} bk L, -, pt R, -;



< MUSIC PREVIEW >

[I Got Rhythm](#)
I Got Rhythm (HEAD CUES)

Rhythm: Foxtrot III+2(Diamond Turn, Quick Diamond Turn 4)

Sequence: Intro A B C A Inter B(5-8) Ending

Intro:

CP fc W wait pkup notes & 2 meas ; ;
 hvr ; pkup sd cl ;

Part A:

fwd run 2, 2X ; ; 2 L trns ; fc W ;
 box ; ; twrl vin 3 ; pkup sd cl ;
 fwd run 2, 2X ; ; 2 L trns ; fc W ;
 box ; ; vin 3 ; thru fc cl ;

Part B:

intrpd box ; ; ;
 hvr ; manv ; 2 R trns ; fc LOD ;

Part C:

diam trn ; ; ; SCAR/DLW;
 X hvr 3X ; ; to **SCP** ; manv ;
 bk run 2, 2X ; ; 2 R trns ; **fc** LOD ;
 diam trn 1/2 ; ; Q diam trn 4 ; dip bk rec fc LOD ;

Part A:

fwd run 2, 2X ; ; 2 L trns ; fc W ;
 box ; ; twrl vin 3 ; pkup sd cl ;
 fwd run 2, 2X ; ; 2 L trns ; fc W ;
 box ; ; vin 3 ; thru fc cl ;

Inter:

L trng box ; ; ; fcg W ;

Part B(5-8):

hvr ; manv ; 2 R trns ; fc LOD ;

Ending

fwd run 2 ; fwd fc cl ; twsty vin 8 ; ;

twrl **vin** 2 ; Apt pt ;