

Af en Af

Choreographers: Mike & Michelle Seurer 360 8th Street, Fond du lac, WI 54935

Music: "Af en Af" Kurt Darren, Amazon Download: Album: [Uit Die Diepte Van My Hart](#)

Footwork: Opposite, except as noted

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Phase/Rhythm: II Two-step

Time: 3:05

Sequence: INTRO AA INTER B AA INTER BC INTER B ENDING

INTRODUCTION

1----4 WAIT;; APT,-,PT,-; TOG,-, TCH,-;
1-2 In BFLY/WALL wait 2 meas;;
3-4 Apt L,-, Pt R,-;Tog,-, Tch to CP/WALL,-;

PART A

1----4 TRAVELING BOX;;;;
1-2 Sd L, cl R, fwd L blending to RSCP/RL0D,-; Fwd R,-, fwd L,-;
3-4 Sd R, cl L, bk R blending to SCP/LOD,-; Fwd L,-, fwd R,-;
5---8 FWD LOCK FWD; FWD LOCK FWD; STRUT 4;;
5-6 Fwd L, Lk Rib of L, fwd L,-; Fwd R, lk Lib of R, fwd R,-;
7-8 Fwd L,-,R,-; Fwd L,-,R,-;

INTERLUDE

1----4 CIRCLE AWAY TWO TWO-STEPS;; STRUT TOG 4;;
1-2 Circ twd COH Fwd L, cl R, fwd L,-; Fwd R, cl R, fwd L trng LF twd
ptr & WALL,-;
3-4 Twd ptr & WALL Fwd L,-,R,-; Fwd L,-,R to BFLY/WALL,-;

PART B

1----4 VINE 3; WRAP; UNWRAP; CHANGE SIDES;
1-2 Sd L, XRib, sd L, tch R; sd R,XLib,sd R, tch L; (W trn LF L,R,L,tch
R) keep both hands jnd ld hnds over W's hd & M's R & W's L at
waist level,-;
3-4 Release ld hnds M sip L,R,L, tch R (W unwrap RF to arms length R,L,R,
tch L); Fwd R,L,R trn RF to BFLY/COH(W fwd L,R,L undr raised
M's R & W's L arms trng LF to BFLY/WALL),-;
5---8 VINE 3; WRAP; UNWRAP; CHANGE SIDES;
5-6 Sd L, XRib, sd L, tch R; sd R,XLib,sd R, tch L (W trn LF L,R,L,tch R)
keep both hands jnd ld hnds over W's hd & M's R & W's L at waist level;
7-8 Release ld hnds M sip L,R,L, tch R (W unwrap RF to arms length R,L,R,
tch L); Fwd R,L,R trn RF to BFLY/WALL(W fwd L,R,L undr raised M's
R & W's L arms trng LF to BFLY/COH),-;
9----12 FACE TO FACE; BACK TO BACK;FACE TO FACE; BACK TO BACK;
9-10 Sd L,cl R, sd L trng 1/2 LF (W RF),-; Cont trn sd R, cl L,sd R trng RF
to BFLY/WALL,-;
11-12 Sd L, cl R, sd L trng 1/2 LF (W RF),-; Cont trn sd R, cl L, sd R trng
RF to BFLY/WALL,-;
13----16 BASKETBALL TURN;; SIDE DRAW CLOSE; SIDE DRAW CLOSE;
3-4 Lunge sd L twd LOD,-, rec R trng RF (W LF) to LOP/RL0D,-; Lunge
sd L, twd RL0D,-, rec R trng RF to BFLY/WALL,-;
15-16 Sd L, draw R to L, cl R,-; Sd L, draw R to L, cl R,-;

PART C

- 1----4 LACE ACROSS;; HITCH 6;;
1-2 Fwd L, cl R, fwd L (As W prog undr jnd ld hands R,L,R),-; fwd R, cl L,
fwd R,-;
3-4 Fwd L, cl R, bk L,-; Bk R, cl L, fwd R,-;
- 5----8 LACE BACK;; HITCH 4; WALK AND FACE;
5-6 Chng hands Fwd L,cl R,fwd L(As W prog undr M's R & W's L R,L,R),-;
Fwd R,cl L,fwd R,-;
7-8 Fwd L, cl R, bk L, cl R; Fwd L,-, R to CP/WALL,-;
- 9----12 LEFT TURNING BOX;;;:
9-10 Sd L, cl R, fwd L trng ¼ LF,-;Sd R, cl L, bk R trng ¼ LF , -;
11-12 Sd L, cl R, fwd L trng ¼ LF,-; Sd R, cl L, bk R trng ¼ LF , -;
- 13----16 BACK HITCH 3; SCIS THRU; LIMP 4; WALK TWO;
13-14 Bk L, cl R, fwd L,-; Sd R, cl L, XRif of L to BFLY/WALL,-;
15-16 Sd L, XRib of L, sd L, XRib of L; Fwd R,-, L to fc no hands,-;

ENDING

- 1----4 TWO SIDE CLOSES; SIDE & THRU; TWIRL VINE 2; APT PT;
1-2 Sd L, cl R, sd L,cl R; Sd L,-, XRif of L to BFLY,-;
3-4 Sd L, -, XRib (W twirls RF under jnd ld hnds R,L),-; Apt L,-, pt R,-;

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