

## **SHAKE ME**

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Download : I-Tunes : Cristy Lane (23 Millennium Classics - #20) 3:07 **\*\* Correction Part C : December. 2022**

Footwork: Opposite, except as noted Sequence: Intro, A, B, C, A, C, A(mod) Release Date July 2022

WALTZ PHASE II + 2 (Interrupted Box + Box Finish) Difficulty : Average Speed : As downloaded

<https://youtu.be/xEUrBB31GXQ>

### **INT: WAIT ;; Apart, Point ; Tog Tch (BFLY) ;**

1-4 WAIT ;; **{Apart Point}** Step apt L, pt R, - ; **{Tog Touch}** Tog R, touch L, - BFLY ;

### **Waltz Away & Tog ;; Waltz Away ; P/U in 3 (CP/LOD) ;**

5-6 **{Waltz Away & Tog}** Fwd & slightly away from partner L, fwd R, cl L ; Fwd twd partner R, sd L, cl R BFLY ;

7-8 **{Waltz Away}** Fwd & slightly away from partner L, fwd R, cl L ; **{Pick-Up Side Close}** Small step thru R to CP/LOD, sd L, cl R (W fwd L turning LF to CP/LOD, sd R, cl L) ;

### **Prog Box ;; 2 Fwd Waltzs ;;**

9-12 **{Prog Box}** Fwd L, sd R, cl L ; Fwd R, sd L cl R ; **{Fwd Waltz Twice}** Fwd L, fwd R, cl L ; Fwd R, fwd L, cl R ;

### **A: Interrupted Box (S/CAR) ;;;;**

1-4 **{Interrupted Box}** Fwd L, sd R, cl L ; Bk R, sd L, cl R (Woman Fwd L, comm RF circle under lead hands Fwd R, Fwd L) ; Fwd L, sd R, cl L (Woman cont RF circle Fwd R, Fwd L, Fwd R CP) ; Bk R, sd L, cl R to S/CAR ;

### **3 Prog Twinkles ;;; Fwd Tch ;**

5-8 **{Prog Twinkles 3x}** XLif, sd R, cl L BJO/DLC ; XRif, sd L, cl R SCAR/DLW ; XLif, sd R, cl L BJO/DLC ; **{Fwd Touch}** Fwd R, touch L to R, - ;

### **3 Bk Prog Twinkles ;;;; Box Finish ;**

9-12 **{Back Prog Twinkles 3x}** XLib, sd R, cl L SCAR/DLW ; XRib, sd L, cl R BJO/DLC ; XLib, sd R, cl L SCAR/DLW ; **{Box Finish}** Bk R trng LF, Sd L to CP/LOD, Cls R ;

### **Twinkle Out ; Twinkle In (CP/LOD) ; 2 LF Turns (SCP) ;;**

13-14 **{Twinkle Out}** with Mans L and Ladies R Hands joined XLif, sd R to Wall, cl L ; **{Twinkle In}** XRif to COH sd L to COH, cl R to CP/LOD ;

15-16 **{2 Left Turns}** Fwd L trng LF, sd R, cl L ; Bk R cont trng LF, sd L, cl R to SCP/WALL ;

### **B: Lace Up ;;;;**

1-4 **{Lace Up}** Fwd L, fwd R, fwd L (W Xif of M) to LOP/LOD ; Fwd R, fwd L, cl R ; Fwd L, fwd R, fwd L (W Xif of M) to OP/LOD ; Fwd R, fwd L, cl R ;

### **Circle Chase (BFLY) ;;;;**

5-8 **{Circle Chase}** W Chasing Circ LF - Fwd L, fwd R, cl L, - ; Fwd R, fwd L, cl R RLOD ; Cont Circ Motion (M chasing W out) Fwd L, cl R, fwd L, - ; Fwd R, cl L, fwd R, - SCP ;

**C: Waltz Away & Tog ;; Solo Turn 6 ;;**

1-2 {Waltz Away &amp; Tog} Repeat meas 5-6 INTRO ;;

3-4 {Solo Turn} Fwd L trng LF, sd/bk R, cl L LOP/RLOD ; Bk R trng LF 1/4, sd L, cl R to BFLY ;

**Waltz Away ; Turn In ; BkUp Waltz ; Bk Drw Tch ;**

5-6 {Waltz Away} Repeat meas 7 INTRO ; {Turn In} turning toward partner fwd R, sd and fwd L releasing joined trail hands and blending to lead hands joined, bk R to LOP RLOD ;

7-8 {Back Waltz} Back L, back &amp; slightly side R, close L ; {Back Touch} Back R, draw L back and touch to R, - ;

**Thru Twinkle ; Thru Fc Cls (BFLY) ; Bal L&R (CP/WALL) ;; \*\*correction**

9-10 {Thru Twinkle} Thru L trn LF (W RF), sd R trn LF (W RF), cl L ; {Thru Face Close} Thru R trn to face, sd L, cl R ;

11-12 {Bal L &amp; R} Sd L, XRib (W XLib), Rec L ; Sd R, XLib (W XRib), Rec R ;

**Box ;; Fwd Tch ; Bk LF Turn ¼ (CP/LOD) ; \*correction**

13-16 {Box} Fwd L, sd R, cl L ; Bk R, sd L, cl R ; {Fwd Tch} Fwd L, Tch R to L,-; {BK LF Turn ¼} Bk R trng LF ¼, sd L, Cl R to CP/LOD ;

**REPEAT A ;;;; ;;; ; ;;; ; ; ; ; TO BFLY****REPEAT C ; ; ; ; ; ; ; ; ; ; ; ; ; TO CP/LOD****A<sub>MOD</sub>: Interrupted Box ;;;;**

1-4 {Interrupted Box} Repeat meas 1-4 PART A (S/CAR) ;;;;

**3 Prog Twinkles ;;; Fwd Tch ;**

5-8 {Prog Twinkles 3x} {Fwd Touch} Repeat meas 5-8 PART A ;;; ;

**3 Bk Prog Twinkles ;;; Box Finish (CP/LOD) ;**

9-12 {Back Prog Twinkles 3x}{Box Finish} Repeat meas 9-12 PART A ;;; ;

**Prog Box ;; 2 Fwd Waltzs Drifting Apart ;;**

13-14 {Prog Box} Repeat meas 9-10 INTRO ;;

15-16 {Fwd Waltz Twice Drifting Apart} Fwd L, fwd R, cl L ; Step in place R, L, R (W Bk L, bk R, bk L to arm's length) ;

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WALTZ Phase 2+2 (Interrupted Box – Box Finish)

- INT: WAIT ;; Apart, Point ; Tog Tch (BFLY) ;  
Waltz Away & Tog ;; Waltz Away ; P/U in 3 (CP/LOD) ;  
Prog Box ;; 2 Fwd Waltzs ;;
- A: Interrupted Box (S/CAR) ;;;;  
3 Prog Twinkles ;;; Fwd Tch ;  
3 Bk Prog Twinkles ;;; Box Finish ;  
Twinkle Out ; Twinkle In (CP/LOD) ; 2 LF Turns (SCP) ;;
- B: Lace Up ;;;;  
Circle Chase (BFLY) ;;;;
- C: Waltz Away & Tog ;; Solo Turn 6 ;;  
Waltz Away ; Turn In ; BkUp Waltz ; Bk Drw Tch ;  
Thru Twinkle ; Thru Fc Cls (BFLY) ; Bal L&R (CP/WALL) ;;  
Box ;; Fwd Tch ; Bk LF Turn 1/4 (CP/LOD) ;;
- A: Interrupted Box (S/CAR) ;;;;  
3 Prog Twinkles ;;; Fwd Tch ;  
3 Bk Prog Twinkles ;;; Box Finish (CP/LOD) ;  
Twinkle Out ; Twinkle In (CP/LOD) ; 2 LF Turns (BFLY) ;;
- C: Waltz Away & Tog ;; Solo Turn 6 ;;  
Waltz Away ; Turn In ; BkUp Waltz ; Bk Drw Tch ;  
Thru Twinkle ; Thru Fc Cls ; Bal L&R (CP/WALL) ;;  
Box ;; Bk LF Turn 1/4 (CP/LOD) ;;
- A<sub>MOD</sub>: Interrupted Box (S/CAR) ;;;;  
3 Prog Twinkles ;;; Fwd Tch ;  
3 Bk Prog Twinkles ;;; Box Finish (CP/LOD) ;  
Prog Box ;; 2 Fwd Waltzs Drifting Apart ;;