

SQUARE DANCE

CHOREOGRAPHY COLLECTION

< No.14 >

Part 1: Main Stream



■テーマ : Swing を使用しないシンギング フィギュア集 MS & P ~コロナ禍でも使える~

■テーマ選定にあたり

- ①コロナ禍のダンスで密を避ける為、各クラブとも工夫されているが、特に、Swing は体が密着することからダンサーが気にされることが多い、抵抗もある
- ②シンギングコールは、概ねコーナーを Swing して進んでいくが、Swing を使わない動きでコロナ禍に適したシンギングフィギュアをご紹介します
- ③コロナ禍以降も、存分に使えることと思います

TOKYO SQUARE DANCE CALLERS ASSOCIATION

2022 年 6 月

1

Heads Square Thru 2
Swing Thru
Boys Run
Couples Circulate
Chain Down the Line
Dixie Style to an Ocean Wave
Boys Trade
Recycle
Veer Right
Promenade

2

Heads Square Thru 4
Dosado
Touch 1/4
Scoot Back
Boys Run
Reverse Flutter Wheel
and Sweep 1/4
Veer Right
Boys Trade
Promenade

3

Heads Star Thru
Centers Pass Thru
Right and Left Thru
Pass Thru
Trade By
Right and Left Thru
Pass the Ocean
Girls Cross Run
Recycle, Sweep 1/4
Veer Right
Promenade

4

Heads Promenade Halfway
Pass the Ocean
Extend
Girls Trade
Swing Thru
Boys Run
Bend the Line
Right and Left Thru
Dixie Style to an Ocean Wave
Boys Trade
Recycle
Veer Right
Promenade

5

Heads Square Thru 4
Slide Thru
Reverse Flutter Wheel
Flutter Wheel and Sweep 1/4
Veer Left
Ferris Wheel
Centers Veer Left
Centers Veer Right
Veer Right
Promenade

6

Heads Star Thru
Centers Pass Thru
Right and Left Thru
Pass Thru
Trade By
Right and Left Thru
Pass the Ocean
Girls Cross Run
Recycle, Sweep 1/4
Veer Right
Promenade

7

Heads Square Thru 4
Dosado
Swing Thru
Boys Run
Bend the Line
Reverse Flutter Wheel
Pass the Ocean
Boys Run
Promenade

8

Heads Square Thru 4
Right and Left Thru
Dosado
Swing Thru
Swing Thru
Boys Run
Couples Circulate
Promenade

9

Heads Promenade Halfway
Square Thru 4
Touch 1/4
Scoot Back
Boys Run
Pass the Ocean
All 8 Circulate
Boys Run
Promenade

10

Heads Square Thru 4
Right Hand Star
Heads Star Left One Time
Right and Left Thru
Swing Thru
Swing Thru
Boys Run
Promenade

11

Heads Promenade Halfway
Flutter Wheel and Sweep 1/4
Zoom
Square Thru 3
Slide Thru
Pass the Ocean
Boys Run
Promenade

12

Heads Square Thru 4
Swing Thru
Boys Run
Bend the Line
Reverse Flutter Wheel
Dixie Style to an Ocean Wave
Boys Cross Run
Boys Run
Promenade

13

Heads Square Thru 4
Dosado to a Wave
Girls Trade
Spin the Top
Boys Run
Wheel & Deal
Boys Walk Girls Dodge
Hinge
Boys Run
Promenade

14

Heads Promenade Halfway
Square Thru 4
Right and Left Thru
Veer Left
Couples Circulate
1/2 Tag
Scoot Back
Hinge
Boys Run
Promenade

15

Sides Square Thru 4
Touch 1/4
Scoot Back
Boys Run
Pass Thru
1/2 Tag
Swing Thru
Split Circulate
Hinge
Boys Run
Promenade

16

Heads Square Thru 4
Dosado
Swing Thru
Spin the Top
Right and Left Thru
Square Thru 3
Boys Fold
Star Thru
Promenade

17

Heads Right and Left Thru
Flutter Wheel
Sides Lead Left
Swing Thru
Boys Run
Tag the Line
Cloverleaf
Centers Pass Thru
Star Thru
Promenade

18

Heads Square Thru 4
Swing Thru
Boys Run
Tag the Line
Cloverleaf
Zoom
Zoom
Girls Trade
Star Thru
Promenade

19

Heads Square Thru 4
Dosado
Swing Thru
Boys Run
Tag the Line
Cloverleaf
Girls Square Thru 3
Star Thru
Promenade

20

Heads Promenade Halfway
Square Thru 4
Right and Left Thru
Pass Thru
Trade By
Touch 1/4
Scoot Back
Boys Fold
Girls Turn Thru
Star Thru
Promenade

21

Heads Square Thru 4

Dosado

Touch 1/4

Centers Trade

Hinge

Walk & Dodge

Partner Trade

Forward & Back

Pass Thru

Boys Fold

Star Thru

Promenade

22

Heads Promenade Halfway

Square Thru 4

Touch 1/4

Centers Trade

Spin Chain Thru

Ends Circulate

Recycle

Star Thru

Promenade

23

Heads Star Thru

Double Pass Thru

Cloverleaf

Double Pass Thru

Cloverleaf

Double Pass Thru

Face Left

Ferris Wheel

Centers Square Thru 3

Star Thru

Promenade

24

Heads Square Thru 4

Swing Thru

Boys Run

1/2 Tag

Scoot Back

Boys Run

Pass the Ocean

Scoot Back

Girls U Turn Back

Promenade

25

Heads Promenade Halfway
Pass the Ocean
Extend
Swing Thru
Boys Run
Chain Down the Line
Dixie Style to an Ocean Wave
Boys Scoot Back
Boys U Turn Back
Promenade

26

Heads Star Thru
Double Pass Thru
Partner Trade
Double Pass Thru
Leads Trade
Swing Thru
Boys Run
1/2 Tag
Split Circulate
Split Circulate
Hinge
Girls U Turn Back
Promenade

27

Heads Pass the Ocean
Extend
Swing Thru
Boys Run
Couples Circulate
Bend the Line
Right and Left Thru
Pass the Ocean
Girls Trade
Scoot Back
Girls U Turn Back
Promenade

28

Heads Promenade Halfway
Square Thru 4
Pass Thru
California Twirl
Veer Left
Couples Circulate
1/2 Tag
Hinge
Girls U Turn Back
Promenade

29

Heads Promenade Halfway
Square Thru 4
Right and Left Thru
Veer Left
Couples Circulate
1/2 Tag
Hinge
Girls U Turn Back
Promenade

30

Heads Promenade Halfway
Square Thru 4
Right and Left Thru
Pass Thru
Trade By
Dosado to a Wave
Hinge
Slide Thru
Promenade

31

Heads Promenade Halfway
Square Thru 4
Right and Left Thru
Veer Left
Couples Circulate
1/2 Tag
Scoot Back
Scoot Back
Slide Thru
Promenade

32

Heads Lead Right
Circle to a Line
Forward and Back
Touch 1/4
Circulate
Boys Run
Touch 1/4
Scoot Back
Scoot Back
Slide Thru
Promenade

33

Heads Flutter Wheel
and Sweep 1/4
Double Pass Thru
Face In
Pass Thru
Wheel and Deal
Centers Turn Thru
Star Thru
Boys Circulate
Couples Circulate
Girls Circulate
Promenade

34

Heads Square Thru 4
Right and Left Thru
Veer Left
Tag the Line
Cloverleaf
Centers Square Thru 3
Slide Thru
Couples Circulate
Promenade

35

Heads Square Thru 4
Spin Chain Thru
Girls Circulate
Boys Run
Ferris Wheel
Double Pass Thru
First Couple Left,
Next Go Left
Keep Walking Promenade

36

Heads Promenade Halfway
Pass the Ocean
Extend
Slide Thru
Forward and Back
Pass Thru
Wheel & Deal
Double Pass Thru
First Couple Go Left,
Next Go Left
Keep Walking Promenade

37

Heads Square Thru 4
Spin the Top
Spin the Top
Recycle
Veer Left
Ferris Wheel
Double Pass Thru
First Couple Go Left,
Next Go Left
Keep Walking Promenade

38

Heads Square Thru 4
Touch 1/4
Scoot Back
Boys Run
Pass the Ocean
Recycle
Veer Left
Couples Circulate
Ferris Wheel
Double Pass Thru
First Couple Go Left,
Next Go Left
Keep Walking Promenade

39

Heads Square Thru 2
Slide Thru
Pass the Ocean
Circulate
Hinge
Scoot Back
Boys Run
Pass Thru
Wheel & Deal
Double Pass Thru
First Couple Go Left,
Next Go Left
Keep Walking Promenade

40

Heads Square Thru 4
Dosado
Touch 1/4
Centers Trade
Swing Thru
Slide Thru
Wheel and Deal
Pass to the Center
Double Pass Thru
First Couple Go Left,
Next Go Left
Keep Walking Promenade

41

Heads Pass the Ocean

Extend

Swing Thru

Boys Run

Couples Circulate

Chain Down the Line

Forward and Back

Pass Thru

Wheel and Deal

Double Pass Thru

First Couple Go Left,

Next Go Left

Keep Walking Promenade

42

Heads Square Thru 4

Swing Thru

Boys Trade

Boys Run

Couple Circulate

Ferris Wheel

Double Pass Thru

First Couple Go Left,

Next Go Left

Keep Walking Promenade

43

Circle Left 1/2

Heads Square Thru 4

Slide Thru

Forward and Back

Pass Thru

Wheel and Deal

Center Pass Thru

Others Partner Trade

First Couple Go Left,

Next Go Left

Keep Walking Promenade

44

Heads Square Thru 4

DosoDo

Touch 1/4

Scoot Back

Boys Run

Right and Left Thru

Flutter Wheel

Reverse Flutter Wheel

Keep Her Promenade

45

Heads Promenade Halfway

Square Thru 4

Dosado

Swing Thru

Boys Run

Couples Circulate

Chain Down the Line

Keep Her Promenade

46

Heads Square Thru 4

Dosado

Swing Thru

Boys Run

Chain Down the Line

Flutter Wheel

Reverse Flutter Wheel

Keep her Promenade

47

Heads Square Thru 4

Make a Right Hand Star

Heads Left Hand Star

Right and Left Thru

Touch 1/4

Walk & Dodge

Partner Trade

Reverse Flutter Wheel

Keep Her Promenade

48

Heads Square Thru 4

Dosado

Swing Thru

Boys Run

Tag the Line

Girls Trade

Slide Thru

Girls Circulate 2 Times

Wheel Around

Promenade

49

Heads Square Thru 4

Swing Thru

Boys Cross Run

Swing Thru

Balance

Girls Run

Girls Trade

Wheel Around

Promenade

50

Heads Square Thru 4

Dosado

Slide Thru

Pass Thru

Tag the Line

Face Right

Bend the Line

Forward & Back

Pass Thru

Tag the Line Face Left

Promenade

51

Heads Touch 1/4

Head Boys Run

Slide Thru

Pass the Ocean

Recycle

Veer Left

Couples Circulate 2 Times

Tag the Line

Cloverleaf

Double Pass Thru

Face Left

Promenade

52

Heads Square Thru 4

Split Two, Around 1 to a Line

Pass the Ocean

Boys Trade

Swing Thru

Recycle

Veer Left

Tag the Line

Face Left

Promenade

53

Heads Square Thru 4
Dosado
Swing Thru
Swing Thru
Girls Run
Tag the Line Face Right
Partner Trade
Promenade

54

Heads Promenade Halfway
Pass the Ocean
Extend
Swing Thru
Boys Run
Wheel & Deal
Veer Left
Girls Trade
Partner Trade
Couples Circulate
Promenade

55

Heads Pass Thru
Separate, Around 1 to a Line
Forward & Back
Star Thru
Centers Pass Thru
Swing Thru
Scoot Back
Girls Trade
Boys Run
Couples Circulate
Promenade

56

All 4 Ladies Chain
Heads Promenade Halfway
Square Thru 4
Pass Thru
Partner Trade
Left Swing Thru
Girls Run
Girls Trade
Promenade

57

Heads Promenade Halfway
Square Thru 4
Dosado to a Wave
Girls Trade
Recycle
Veer Left
Couples Circulate
Girls Trade
Partner Trade
Promenade

58

Heads Promenade Halfway
Square Thru 3
Separate, Around 1 to a Line
Pass Thru
Wheel & Deal
Double Pass Thru
Cloverleaf
Girls Pass Thru
Star Thru
Boys Trade
Promenade

59

Heads Square Thru 4
Touch 1/4
Scoot Back
Boys Fold
Double Pass Thru
Girls U Turn Back
Star Thru
Couples Trade
Partner Trade
Promenade

60

Heads Square Thru 4
Touch 1/4
Scoot Back
Boys Run
Right and Left Thru
Dixie Style to an Ocean Wave
Boys Cross Run
Boys Run
Promenade

61

Heads Pass the Ocean
Extend
Recycle
Reverse Flutter Wheel
Veer Right
Veer Left
Trade By
Touch 1/4
Scoot Back
Scoot Back
Slide Thru
Promenade

62

Heads Square Thru 4
Dosado
Spin Chain Thru,
Girls Circulate 2 Times
Spin Chain Thru,
Boys Circulate 2 Times
Boys Run
Promenade

63

Heads Lead Left
Right and Left Thru
Pass Thru
Trade By
Slide Thru
Pass the Ocean
Girls Trade
Spin Chain Thru
Girls U Turn Back
Promenade

64

Heads Lead Right
Right and Left Thru
Veer Left
Couples Circulate
Partner Trade
Boys Trade
Girls Circulate
Boys Cross Run
Half Sashay
Promenade

Hard

難しい動きを含んでいるため必要に応じて予め講習が必要な場合があります
(下線部にご注意ください)

65

Heads Square Thru 4
Right and Left Thru
Swing Thru
Spin the Top
Recycle, Sweep 1/4
Box the Gnat
Girls U Turn Back
Single File Promenade

66

Heads Square Thru 4
Dosado
Touch 1/4
Scoot Back
Boys Run
Pass the Ocean
Swing Thru
Swing Thru
Boys Fold
Single File Promenade

67

All Four Ladies Chain 3/4
Sides Promenade All Way
While Heads Forward & Back
Heads Pass the Ocean
Girls Trade
Extend
Girls Cross Run
Recycle, Sweep 1/4
and Circle Right
(全員で手をつなぐ)
Keep Walk, and Face Right
Single File Promenade

68

Heads Promenade Halfway
Pass the Ocean
Extend
Girls Trade
Swing Thru
Boys Run
Couples Circulate
Girls Run
Tag the Line
Face Right
Wrong Way Promenade

69

Heads Square thru 4

Right and Left Thru

Touch 1/4

Split Circulate

Walk and Dodge

Girls Fold

Star Thru

Wrong Way Promenade

70

Heads Promenade Halfway

Pass the Ocean

Extend

Girls Trade

Girls Cross Run

Recycle

Veer Right

Left Shoulder Tag the Line

Face Right

Wrong Way Promenade

71

Heads Promenade Halfway

Pass the Ocean

Extend

Recycle

Pass to the Center

Double Pass Thru

First Couple Go Right,

Next Go Left

Right and Left Thru

and turn 1/4 More

Wrong Way Promenade

72

Heads Promenade Halfway

Pass the Ocean

Extend

Recycle

Pass to the Center

Double Pass Thru

First Couple Go Right,

Next Go Left

Right and Left Thru

Face Left

Wrong Way Single File
Promenade

73

Heads Lead Right
Circle to a Line
Pass Thru
Wheel & Deal
Centers Square Thru 3
Left Swing Thru
Balance
Circulate 1 & 1/2
Girls Run
Promenade

74

Heads Lead Right
Circle to a Line
Pass Thru
Bend the Line
Swing Thru
Spin the Top
Girls Cross Run
Swing Thru
Circulate 1 & 1/2
Girls Run
Promenade

75

Heads Lead Right
Right and Left Thru
Eight Chain 4
Swing Thru
Boys Cross Run
Girls Trade
Circulate 1 & 1/2
Girls Run
Promenade

76

Heads Square Thru 4
Dosado
Swing Thru
Recycle, Sweep 1/4
Forward & Back
Girls Walk Boys Dodge
Slide Thru
Promenade

77

Heads Square Thru 4

Dosado

Swing Thru

Spin the Top

Right and Left Thru

Square Thru 3

Half Wheel Around

Keep Her Promenade

78

Heads Left Touch 1/4

Heads Girls Run

Flutter Wheel

Pass the Ocean

Spin the Top

Boys Cross Run

Girls Trade

Tag the Line

Face Left

Promenade

79

Heads Promenade 3/4

(While the)

Sides Left Square Thru 3

Swing Thru

Girls Cross Run

Girls Circulate

Walk & Dodge

Left 1/2 Tag

Boys Run

1/2 Sashay

Wheel Around

Promenade

80

Heads Slide Thru

Centers Turn Thru

Pass the Ocean

Girls Trade

Wheel & Deal 2 Times

Veer Left

Ferris Wheel

Zoom

All Wheel Around

First Couple Go Left,

Next Go Left

Keep Walking Promenade

81

Heads Pass the Ocean

Extend

Swing Thru

Spin the Top

Right and Left Thru

Square Thru 2

Trade By

Make A Left Hand Wave

Boys U-Turn Back

Promenade

82

Heads Pass the Ocean

Double Pass Thru

Centers In

Cast Off 3/4

Star Thru

Centers California Twirl

Swing Thru

Girls Zoom

Boys Circulate 2 Times

Girls U Turn Back

Promenade

83

Heads Lead Right

Circle to a Line

Pass Thru

Wheel & Deal

On a Double Track

Dixie Style to an Ocean Wave

Centers Trade

Split Circulate

Girls Circulate

Girls Run

Partner Trade

Promenade

■資料作成者：

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白石 久、竹中 芳治、望月 進一、松永 寿康、六笠 悦宏、山下 直貴、磯部 章三、尾崎 多恵子、
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SQUARE DANCE CHOREOGRAPHY COLLECTION <No.14>

Swing を使用しないシンギング フィギュア集 ～コロナ禍でも使える～

Part 1: Main Stream

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